

# Morrison Schools NS & SS Lunch

123 August 2011

Monday

Tuesday

Wednesday

Thursday

Friday

1	2	3	4	5	<p><b>A La Carte</b></p> <p>Fat Free Milk Offered 80 cal. 1% White Milk Offered 100 cal. Fat Free Chocolate Milk 170 cal.</p> <p>Whole Wheat Bread 1 slice 75 cal Whole Grain Bun 120 cal.</p> <p># - Calories NS Average per week Grades K-2 633 calories per day</p> <p>SS Average per Week Grades 3-5 664 Calories per day</p> <p>Menu Subject to change</p> <p><b>School News</b></p>
8	9	10	11	12	
15	16	17	18	19	
22	23	24	25	26	
29	30	31	BACK TO SCHOOL		

Breaded Chicken 220  
Whole Grain Bun  
Green Beans  
Pears

Tony's Smart  
Cheese Pizza 310  
Romaine Mix  
Mandarin Oranges  
Granola Bar

Turkey Hot Dog 160  
Whole Grain Bun  
Baked Beans  
Applesauce

Whole Grain  
Max Sticks 328  
Pizza Sauce  
Baby Carrots  
Raisins  
SS Whole Wheat  
Bread

Cold Cut 163  
Whole Grain Bun  
Celery/Peanut Butter  
Pineapple  
Whole Grain Goldfish

Hamburger 160  
Whole Grain Bun  
Corn  
Peaches  
Frosted Graham

Whole Grain  
Chicken Nuggets 220  
Mashed Potatoes  
Apple Slices  
Whole Wheat Bread  
SS Sherbet

Turkey Corn Dog 270  
Broccoli  
Pears  
Whole Wheat Bread