

# Morrison Schools NS & SS Lunch Menu

# December 2011

Monday

Tuesday

Wednesday

Thursday

Friday

Student Lunch \$2.00  
 Reduced Lunch \$ .40  
 Ala Carte Milk .35

Menu subject to change  
 without notice

1

Beef & Cheese Nachos 410  
 Refried Beans 120  
 Mandarin Oranges 70  
 SS WW Bread

2

Fun Fish 220  
 Cooked Glazed Carrots 96  
 Peaches 60  
 WW Bread  
 Sherbet

## A La Carte

Fat Free Milk Offered 80 cal.  
 1% White Milk Offered 100 cal.  
 Fat Free Chocolate Milk 130 cal.  
 Whole Wheat Bread 1 slice 75 cal  
 Whole Grain Bun 120 cal.

# - Calories

NS Average per week  
 Grades K-2  
 633 calories per day

SS Average per Week  
 Grades 3-5  
 664 Calories per day

Access ALL your Family  
 Food Service Account  
 information on Skyward

Sign up for phone & email  
 alerts for your family Food  
 Service account Balance on  
 Skyward

## School News

### Payment information

Enclose Cash or Check In  
 envelope marked with the  
 Student's first and last name,  
 grade, date, amount.

or

### Payments Online:

Go to [morrisonsschools.org](http://morrisonsschools.org)  
 Click on Menus  
 Click on [illinoisepay.com](http://illinoisepay.com)

Click on Lunch Account

CHECK your Family Account  
 BALANCE ON LINE

Go to [morrisonsschools.org](http://morrisonsschools.org)  
 Click on Menus  
 Click on Check Balance

5

Grilled Chicken 160  
 WG Bun  
 Baked Beans 140  
 Pears 80  
 SS Sound Bites

6

Salisbury Steak 198.9  
 Mashed Potatoes 76  
 Pineapple 60  
 WW Bread  
 Butterscotch Pudding

7

WG Spaghetti w/Meat  
 Sauce 320  
 Romaine Mix 15  
 Frozen Strawberry Cup 122  
 WW Bread

8

WG Max Sticks 328  
 Pizza Sauce 15  
 Fresh Carrots 15  
 Raisins 130  
 SS WW Bread

9

WG Pancake on a Stick  
 210  
 Potato Cubes 110  
 Apple/Cherry Juice 56  
 Churro

12

Hamburger 160  
 WG Bun  
 Spudsters 150  
 Apricots 90

13

WG Tony's Smart  
 Sausage Pizza 280  
 Capri Vegetables 20  
 Mandarin Oranges 70  
 WW Bread

14

WG Chicken Nuggets 220  
 Snap Peas 40  
 Fresh Apple Slices  
 SS WW Bread  
 Granola Bar

15

Chili 180  
 2 pkgs. Crackers 60  
 Fresh Celery/Peanut Butter  
 18.2  
 Frozen Peach Cup 118  
 Cinnamon Roll

16

Cold Cut 163  
 WG Bun  
 Romaine Mix 15  
 Pineapple 60  
 Pretzels

19

WG Chicken Patty 220  
 WG Bun  
 Corn 80  
 Fruit Mix 80

20

WG Mini Corn Dogs 250  
 Mashed Potatoes 76  
 Fresh Orange Wedges 40  
 WW Bread  
 Cookie

21

Turkey Shortcake 382  
 Green Beans 20  
 Peaches 70  
 Orange/Vanilla Cup

22

No School

23

No School

26

No School

27

No School

28

No School

29

No School

30

No School