

JH & HS Lunch



February 2012

Monday

Tuesday

Wednesday

Thursday

Friday



		<p>1 Fiestada Pizza 340 Green Beans 20 Carrot Sticks 15 Pears 80 WW Bread 70</p>	<p>2 WG Spaghetti w/ Meat Sauce 320 Corn 80 Romaine Mix 15 WW Bread 70 Strawberry Cup</p>	<p>3 BBQ Pork 211 WG Bun 80 Romaine 15 Pineapple 60 Sherbet 110</p>	<p>February is American Heart Month!</p> <p>Served with appropriate meals: Milk is served daily 100 Vegetable spread for bread 25 Dressing 30 Carrot Sticks 15 Broccoli 6 Salsa 10</p> <p>Menu subject to change without notice</p> <p>School News</p> <p>A new style of menu starts this month. It is a twenty day rotational menu.</p>
<p>6 Cheeseburger 194 WG Bun 80 Baked Beans 140 Carrot sticks 15 Mandarin Oranges 90</p>	<p>7 Chicken w/ WG Noodles 244 Glazed Carrots 96 Diced Pears 80 WW Bread 70</p>	<p>8 WG Max Sticks 328 Pizza Sauce 15 Romaine Mix 15 Dice Peaches 70 WW Bread 70</p>	<p>9 Turkey Shortcake 382 Corn 80 Peaches 70 WW Bread 70 Frozen Yogurt 90</p>	<p>10 WG Burrito 360 Spanish Rice 190 Mixed Fruit 90 Churro 130</p>	
<p>13 Grilled Chicken 160 WG Bun 80 Romaine Mix 15 Corn 80 Pineapple 60</p>	<p>14 Salisbury Steak 199 Mashed Potatoes 76 Corn 80 Pineapple 60 WW Bread 70</p>	<p>15 WG Mini Corn Dogs 250 Fresh Broccoli 5 Carrots Sticks 15 Diced Pears 80 WW Bread 70</p>	<p>16 Chili w/Crackers and Cheese 325 Glazed Carrots 96 Diced Peaches 70 Cinnamon Roll 260</p>	<p>17 NO SCHOOL</p>	
<p>20 NO SCHOOL</p>	<p>21 Taco w/ Cheese and Lettuce 275 WG Shells 180 Corn 80 Peaches 70 WW Bread 70</p>	<p>22 Tony's Smart Pizza 330 Green Beans 20 Romaine Mix 15 Pineapple 60 WW Bread 70</p>	<p>23 Chicken Stir Fry on Fried Rice 394 Cooked Carrots 45 Pears 80 WW Bread 70 Orange Sherbet 110</p>	<p>24 Cold Cut 163 Deli Bun 200 Carrots Sticks 15 Baked Chips 140 Fruit Mix 90</p>	
<p>27 WG Chicken Nuggets 220 Green Beans 20 Peaches 70 WW Bread 70</p>	<p>28 Chicken Parmesan w/ Sauce and Cheese 320 WG Bun 80 Blazed Carrots 96 Cherry Crisp 196</p>	<p>29 Fiestada Pizza 340 Green Beans 20 Carrot Sticks 15 Pears 80 WW Bread 70</p>			