

JH & HS Lunch

March 2012

Monday

Tuesday

Wednesday

Thursday

Friday



1
WG Spaghetti w/ Meat Sauce 320
Corn 80
Pineapple 60
WW Bread 70
Oatmeal Raisin Cookie 188

2
 Breaded Chicken Patty 160
 WG Bun 80
 Baked Smiles 170
 Fruit Mix 90

March: is National Peanut Month

All menus are subject to change without warning.
 Fresh bread is baked daily.

Served with appropriate meals:

Milk is served daily 100
 Vegetable spread for bread 25
 Dressing 30
 Carrot Sticks 15
 Broccoli 6
 Salsa 10

Offered daily:

Fresh baked bread
 Sub sandwiches
 Parfaits
 Chef salads

Fresh fruit is severed daily:

Oranges 80
 Apples 80
 Bananas 120
 Grapes 85

5
 Italian Chicken Patty 160
 WG Bun 80
 Potato Rounds 160
 Carrot Sticks 15
 Pineapple 60

6
 Chicken w/ WG Noodles 244
 Peas 93
 Diced Pears 80
 WW Bread 70

7
Hamburger 160
WG Bun 80
Tri Tater 160
Romaine Mix 15
Mandarin Oranges 90
WW Sugar Cookies 173

8
Turkey Shortcake 382
Corn 80
Peaches 70
WW Bread 70
Lime Sherbet 110

9
 BBQ Pork 167
 WG Bun 80
 Cole Slaw
 Fruit Mix 90

12
 WG Max Sticks 328
 Pizza Sauce 15
 Romaine Mix 15
 Dice Peaches 70

13
 Salisbury Steak 199
 Mashed Potatoes 76
 Corn 80
 Pineapple 60
 WW Bread 70

14
WG Mini Corn Dogs 250
Green Beans 20
Cheez-It Cracker 220
Diced Pears 80
Sherbet 110

15
Chili w/Crackers and Cheese 325
Celery / Peanut Butter 180
Diced Peaches 70
Cinnamon Roll 260

16
 Honey Lemon Chicken 124
 Glazed Carrots 96
 Mandarin Oranges 90
 WW Bread 70

19
 WG Chicken Nuggets 220
 Mash Potatoes 76
 Corn 80
 Mandarin Oranges 90

20
 Taco w/ Cheese and Lettuce 275
 WG Shells 180
 Corn 80
 Peaches 70

21
Tony's Smart Pizza 330
Glazed Carrots 96
Romaine Mix 15
Pineapple 60
WW Bread 70
Apple Crisp 200

22
 Ground Beef w/ Pasta 283
 Peas 93
 Diced Pears 80
 WW Bread 70

23
 Cold Cut 163
 Deli Bun 200
 Carrots Sticks 15
 Baked Chips 140
 Fruit Mix 90

26
Cheeseburger 194
WG Bun 80
Baked Beans 140
Cheez-It Cracker 220
Mandarin Oranges 90

27
Oven Fried Chicken 343
Mashed Potatoes 76
Celery / Peanut Butter 180
Diced Pears 80
WW Bread 70

28
Fiestada Pizza 340
Green Beans 20
Romaine Mix 15
Peaches 70
WW Bread 70
Peanut Butter Bars 183

29
 Sloppy Joe 245
 WG Bun 80
 Corn 80
 Pineapple 60

30
 Breaded Chicken Patty 160
 WG Bun 80
 Baked Smiles 170
 Fruit Mix 90

