

# NS & SS Breakfast

# March 2012

Monday

Tuesday

Wednesday

Thursday

Friday



1

Cereal 90  
String Cheese 80  
Poptart 190  
Fruit 50  
Milk 100

2

Cheese Omelet 90  
WG English Muffin 117  
Cereal 90  
Fruit 50  
Milk 100

**March:  
is National Peanut  
Month**

All menus are subject to change without warning.  
Juice is served weekly.

Served with appropriate meals:

Milk is served daily 100  
Cereal served daily 90  
String cheese daily 80

Fresh fruit is served daily:  
Oranges 80  
Apples 80  
Banana 120  
Grapes 85

5

WG French Toast Sticks 100  
Sausage Links 80  
Cereal 90  
Fruit 50  
Milk 100

6

Cereal 90  
Yogurt 150  
Poptart 190  
Fruit 50  
Milk 100

7

WG Pancake and Sausage Bites 280  
Cereal 90  
Fruit 50  
Milk 100

8

Cereal 90  
String Cheese 80  
Poptart 190  
Fruit 50  
Milk 100

9

Scrambled Egg 30  
Croissant 120  
Cereal 90  
Fruit 50  
Milk 100

12

WG Pancakes 80  
Ham Patty 160  
Cereal 90  
Fruit 50  
Milk 100

13

Cereal 90  
String Cheese 80  
Poptart 190  
Fruit 50  
Milk 100

14

Breakfast Wrap 90  
String Cheese 80  
Cereal 90  
Fruit 50  
Milk 100

15

Cereal 90  
Yogurt 150  
Poptart 190  
Fruit 50  
Milk 100

16

Cheese Omelet 90  
WG English Muffin 117  
Cereal 90  
Fruit 50  
Milk 100

19

WG Pancakes on a Stick 80  
Cereal 90  
Fruit 50  
Milk 100

20

Cereal Bar 90  
Yogurt 150  
Poptart 190  
Fruit 50  
Milk 100

21

Ham Patty 160  
Croissant 120  
Cereal 90  
Fruit 50  
Milk 100

22

Cereal 90  
String Cheese 80  
Poptart 190  
Fruit 50  
Milk 100

23

Cheese Omelet 90  
WG English Muffin 117  
Cereal 90  
Fruit 50  
Milk 100

26

WG French Toast Sticks 100  
Sausage Links 80  
Cereal 90  
Fruit 50  
Milk 100

27

Cereal 90  
Yogurt 150  
Poptart 190  
Fruit 50  
Milk 100

28

Cereal Bar 90  
Yogurt 150  
Cereal 90  
Fruit 50  
Milk 100

29

Cereal 90  
String Cheese 80  
Poptart 190  
Fruit 50  
Milk 100

30

Scrambled Egg 30  
Croissant 120  
Cereal 90  
Fruit 50  
Milk 100

