

Morrison Schools NS & SS Lunch Menu

November 2011

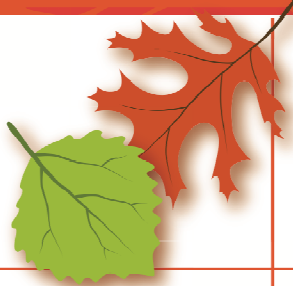
Monday

Tuesday

Wednesday

Thursday

Friday



<p>1</p> <p>WG Tony's Smart Sausage Pizza 280 Carrot Sticks 49 Fruit Mix 80 WW Bread</p>	<p>2</p> <p>Taco in a Bag 410 Romaine Mix 15 Peaches 70 SS Bread Frozen Yogurt</p>	<p>3</p> <p>No Lunch</p>	<p>4</p> <p>No School</p>		<p>A La Carte Fat Free Milk Offered 80 cal. 1% White Milk Offered 100 cal. Fat Free Chocolate Milk 130 cal. Whole Wheat Bread 1 slice 75 cal. Whole Grain Bun 120 cal.</p> <p># - Calories NS Average per week Grades K-2 633 calories per day</p> <p>SS Average per Week Grades 3-5 664 Calories per day</p> <p><u>Access ALL your Family Food Service Account information on Skyward</u></p> <p><u>Sign up for email alerts for your family Food Service account Balance on Skyward</u></p> <p>School News <u>Payment information</u> Enclose Cash or Check In envelope marked with the Student's first and last name, grade, date, amount.</p> <p>or Payments Online: Go to morrisonsschools.org Click on Menu Click on illinoisepay.com <u>CHECK your Family Account BALANCE ON LINE</u> Go to morrisonsschools.org Click on Menu Click on Check Balance</p>
<p>7</p> <p>Cheeseburger 194 WG Bun Baked Beans 140 Peaches 70</p>	<p>8</p> <p>Salisbury Steak 198.8 Mashed Potatoes 76 Pears 80 WW Bread Vanilla Pudding</p>	<p>9</p> <p>WG Max Sticks 328 Pizza Sauce 15 Baby Carrots 15 Pineapple Animal Crackers</p>	<p>10</p> <p>WG Spaghetti w/ Meat Sauce 320 Romaine Mix 15 ½ Banana WW Bread SS Fruit Snacks</p>	<p>11</p> <p>No School</p>	
<p>14</p> <p>WG Tony's Smart Cheese Pizza 310 Fiesta Beans 100 Strawberries 122 WW Bread</p>	<p>15</p> <p>Sloppy Joe 245 WG Bun Broccoli Mandarin Oranges 70 SS WG Goldfish</p>	<p>16</p> <p>WG Chicken Nuggets 220 Mashed Potatoes 76 Apple Slices 38.9 WW Bread</p>	<p>17</p> <p>Chili 180 Pretzel Stick 60 Celery 18.2/Peanut Butter Peaches 70 Cinnamon Roll</p>	<p>18</p> <p>WG Chicken Patty 220 WG Bun Sweet Potatoes & Apples 156 Pears 80 Granola Bar</p>	
<p>21</p> <p>Breakfast Wrap 230 String Cheese 60 Tri Tator 100 Grape Juice 60 Frosted Graham</p>	<p>22</p> <p>Turkey Shortcake 382 Green Beans 20 Applesauce Frozen Yogurt</p>	<p>23</p> <p>No School</p>	<p>24</p> <p>No School</p>	<p>25</p> <p>No School</p>	
<p>28</p> <p>WG Tony's Smart Pepperoni Pizza 300 Romaine Mix 15 Apricots 90 SS WW Bread Cookie</p>	<p>29</p> <p>Chicken & WG Noodles 244 Peas 93 Fruit Mix 80 WW Bread</p>	<p>30</p> <p>Hot Ham & Cheese 164 WG Bun Cauliflower 25 Grapes 29 Rice Krispie Treat</p>	<p>Student Lunch \$2.00 Reduced Lunch \$.40 Ala Carte Milk .35</p>		<p>Menu subject to change without notice</p>

