

Morrison Schools NS & SS Lunch

September 2011

Monday

Tuesday

Wednesday

Thursday

Friday



Student Lunch \$2.00
Reduced Lunch \$.40
Ala Carte Milk .35

1
Taco in a Bag 430
Romaine Mix 15
Mandarin Oranges 70

2
Fun Fish 110
Corn 80
Applesauce 90
Whole Wheat Bread 75
SS Whole Fruit Juice Bar

A La Carte

Fat Free Milk Offered 80 cal.
1% White Milk Offered 100 cal.
Fat Free Chocolate Milk 130 cal.

Whole Wheat Bread 1 slice 75 cal
Whole Grain Bun 120 cal.

- Calories

NS Average per week
Grades K-2

633 calories per day

SS Average per Week
Grades 3-5

664 Calories per day

Menu Subject to change

School News

Payment information

Enclose Cash or Check In envelope marked with the Student's first and last name, grade, date, amount.

Or

Payments Online:

Go to morrisonsschools.org

Click on Menus

Click on illinoisepay.com

5

No School

6

Whole Grain
Pepperoni Pizza 300
Green Beans 20
Watermelon 80
WG Cin. Goldfish

7

Whole Grain Burrito 360
Fiesta Beans 76
Pears 80

8

Whole Grain Spaghetti
w/meat sauce 320
Romaine Mix 15
Orange Wedges 40

9

Teriyaki Chicken Bites
156
Cooked Carrots 30
Fruit Mix 80
Whole Wheat Bread
Sport's Bites

12

Grilled Chicken 160
Whole Grain Bun
Cherry Tomatoes 26
Cantaloupe 100
Ice Cream

13

Salisbury Steak 198.9
Mashed Potatoes 76
Pineapple 60
WW Bread

14

Mini Turkey Corn
Dogs 250
California Blend 25
Applesauce 90
Animal Crackers

15

Turkey Shortcake
382
Green Beans 20
½ Banana 60
SS WW Bread

16

Hot Ham w/cheese
164
WG Bun
Carrot Sticks 49
Apricot Cup 118

19

Cheeseburger 194
WG Bun
Baked Sweet Potato
Puffs 130
Honeydew Melon 50

20

Tony's Smart Sausage
Pizza 280
Romaine Mix 15
Pineapple 60
WG Choc. Goldfish

21

Turkey Hot Dog 160
WG Bun
Baked Beans 140
Applesauce 90

22

Sloppy Joe 245
WG Bun
Corn 80
Grapes 29
SS Tiger Stripe Dessert

23

Cod Cut 163
WG Bun
Broccoli 5.6
Mandarin Oranges 70
Pretzels 110

26

BBQ Rib 160
WG Bun
Celery 18.2
Peaches 70
SS WW Bread

27

Whole Grain Chicken
Nuggets 220
Mashed Potatoes 76
Apple Slices 38.9
WW Bread

28

Turkey Corn Dog
270
Cauliflower 25
Pears 80
Teddy Grahams

29

Chicken & Whole
Grain Noodles 244
Peas 93
Strawberries 49
WW Bread

30

Whole Grain Max
Sticks 328
Pizza Sauce 15
Baby Carrots 15
Pineapple 60
Sherbet